

weekly menu

Monday, May 22, 2017

Snack: Granola energy balls served milk

Lunch: Baked potato topped with ground turkey, scallions, cheese and roasted peppers, served with a dollop of sour cream, a fresh apricot and milk

Snack: Orange slices served with whole grain pretzels and water

Tuesday, May 23, 2017

Snack: Pumpkin pancakes with a drizzle of maple syrup, served with milk

Lunch: Vegetable minestrone soup topped with a sprinkle of Pecorino Romano cheese, served with bakery fresh bread, organic apple slices and milk

Snack: Roasted broccoli served with honeydew melon and water

Wednesday, May 24, 2017

Snack: Quinoa quiche served with milk

Lunch: Focaccia topped with tomato sauce, roasted red peppers and mozzarella, served with pineapple and milk

Snack: Snap peas served with a fresh apricot and water

Thursday, May 25, 2017

Snack: Banana served with sun butter and milk

Lunch: Chicken pot pie topped with homemade biscuits, served with peach slices and milk

Snack: Edamame served with grape tomatoes and water

Friday, May 26, 2017

Snack: Lemon scone served with milk

Lunch: Roasted vegetable farro salad tossed with goat cheese, served with orange slices and milk

Snack: Fresh apricot served with muenster cheese and water

Local Vendors include: Farmers Cow, WholeG Bakery, Hindinger Farms, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

