

weekly menu

Monday, February 12, 2018

- Snack: Goodness Granola served with milk
- Lunch: Cauliflower soup served with orange slices, bakery fresh bread and milk
- Snack: Mozzarella cheese served with melon slices and water

Tuesday, February 13, 2018

- Snack: Apple cheddar scone served with milk
- Lunch: Tuna fish sandwich on bakery fresh bread, served with carrot sticks, melon and milk
- Snack: Mini loaded baked potato topped with broccoli and cheese, served with water

Wednesday, February 14, 2018

- Snack: Organic yogurt served with a banana and water
- Lunch: Vegetable paella topped with cheddar cheese, served with pear slices and milk
- Snack: Edamame served with whole grain chips and water

Thursday, February 15, 2018

- Snack: Brown rice cereal served with milk
- Lunch: Turkey meatballs and fresh basil marinara sauce over bow-tie pasta, served with melon and milk
- Snack: Pretzels served with cantaloupe and water

Friday, February 16, 2018

- Snack: Cranberry orange muffin served with milk
- Lunch: Black bean, vegetable and cheese nachos served with a dollop of sour cream, melon and milk
- Infant Lunch: Black beans and vegetable topped with cheese, served with melon and milk
- Snack: Roasted cauliflower served with whole wheat pita bread and water

Local Vendors include: Farmers Cow, WholeG Bakery, Hindinger Farms, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

