

weekly menu

Monday, March 12, 2018

- Snack: Goodness granola served with milk
- Lunch: Penne pasta tossed in a creamy cauliflower and ricotta sauce served with roasted broccoli, cantaloupe and milk
- Snack: Edamame served with cheddar cheese and water

Tuesday, March 13, 2018

- Snack: Oatmeal topped with raisins and a drizzle of maple syrup, served with milk
- Lunch: Vegetable paella topped with cheese, served with pear slices and milk
- Snack: Banana smoothie served with pretzels and water

Wednesday, March 14, 2018

- Snack: Banana served sunbutter and milk
- Lunch: Chicken vegetable orzo soup served with melon, bakery fresh bread and milk
- Snack: Brown rice cake topped with hummus and shredded carrots and water

Thursday, March 15, 2018

- Snack: Hard boiled egg served with white bean dip and milk
- Lunch: Grilled cheese on bakery fresh bread served with tomato soup, orange slices and milk
- Snack: Irish soda bread served with milk

Friday, March 16, 2018

- Snack: Grapefruit with plain organic yogurt, a drizzle of honey and cinnamon, served with water
- Lunch: Tuna Salad wrapped in fresh green lettuce leaf, saved with pineapple, bakery fresh bread and milk
- Infant Lunch: Tuna salad roll-up served with pineapple and milk
- Snack: Spinach artichoke dip served with multi-grain chips and water

Local Vendors include: Farmers Cow, WholeG Bakery, Hindinger Farms, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

