

weekly menu

Monday, May 21, 2018

- Snack: Melon served with organic, plain yogurt and water
- Lunch: Vegetable minestrone soup sprinkled with Pecorino Romano cheese, served with a slice of bakery-fresh, whole grain bread, melon and milk
- Snack: Whole wheat pita bread served with apricots and water

Tuesday, May 22, 2018

- Snack: Brown rice cereal served with milk
- Lunch: Grilled cheese on bakery-fresh, whole grain bread, served with roasted green beans, apple sauce and milk
- Snack: Edamame and roasted cauliflower served with water

Wednesday, May 23, 2018

- Snack: Banana served with milk
- Lunch: Green salad with cucumbers, tomatoes, carrots, and turkey, drizzled with balsamic dressing, served with a slice of pumpkin bread and milk
- Infant lunch: Cucumbers, tomatoes, cooked carrots and turkey served with bakery fresh bread and milk
- Snack: Celery sticks with cream cheese and raisins served with water

Thursday, May 24, 2018

- Snack: Rice cake served with hummus and milk
- Lunch: Baked chicken strips served with roasted cauliflower, orange slices and milk
- Snack: Roasted honey-glazed baby carrots, served with rice crisps and water

Friday, May 25, 2018

- Snack: Oat and sun butter granola balls served with milk
- Lunch: Vegetable quesadilla with black beans and cheese, served with apple slices and milk
- Snack: Pear slices and cheddar cheese slices served with milk

Local Vendors include: Farmers Cow, WholeG Bakery, Hindinger Farms, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

