

weekly **memenu**

Monday, May 28, 2018

HAPPY MEMORIAL DAY!

Tuesday, May 29, 2018

- Snack: Pretzel roll served with milk
- Lunch: Pasta with broccoli in a cauliflower cream sauce served with orange slices and milk
- Snack: Hummus served with lentil chips and water

Wednesday, May 30, 2018

- Snack: Scrambled eggs served with watermelon slices and milk
- Lunch: Baked sweet potato stuffed with white beans, asparagus and cheese served with pineapple and milk
- Snack: Fresh apricot served with pretzels and water

Thursday, May 31, 2018

- Snack: Cantaloupe and plain, organic yogurt served with water
- Lunch: Shepherds pie made with ground turkey, celery, onions, peas, carrots and brown rice served with orange slices and milk
- Snack: Fresh mozzarella with grape tomatoes and basil, served with water

Friday, June 1, 2018

- Snack: Goodness granola served with milk
- Lunch: Tuna salad on a tomato slice, served with cucumber slices, pears and milk
- Snack: Plum and whole grain chips served with water

Local Vendors include: Farmers Cow, WholeG Bakery, Hindinger Farms, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

