

# weekly **menu**

## **Monday, December 17, 2018**

Snack: Hard-boiled egg served with milk

Lunch: Broccoli cheddar soup served with bakery fresh bread, orange slices, and milk

Snack: Organic whole grain pita pizzette with fresh tomatoes and mozzarella cheese, served with water

## **Tuesday, December 18, 2018**

Snack: Brown rice cereal served with a banana and milk

Lunch: Bow-tie pasta tossed with anchovies, broccoli, white beans and pecorino Romano cheese, served with melon and milk

Snack: Lemon biscuit served with Asian pear and water

## **Wednesday, December 19, 2018**

Snack: Banana bread served with milk

Lunch: Vegetable soup served with honey dew melon, bakery fresh bread and milk

Snack: Clementine served with lentil crackers and water

## **Thursday, December 20, 2018**

Snack: Mini whole wheat bagel topped with organic strawberry preserves, served with milk

Lunch: Turkey vegetable chili served with corn bread, pineapple and milk

Snack: Roasted green beans served with fresh mozzarella and water

## **Friday, December 21, 2018**

Snack: Baked French toast served with milk

Lunch: Spinach salad with tofu, diced tomato, black olives, cucumbers and drizzled with balsamic dressing, served with organic grapes, bakery fresh bread and milk

Snack: Fruit smoothie served with pretzel sticks and water

Local Vendors include: Farmers Cow, WholeG Bakery, Hindinger Farms, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

