

weekly **menu**

Monday, April 22, 2019

Snack: Whole wheat bagel served with cream cheese and milk

Lunch: Chicken and vegetable bean quesadilla served with a dollop of sour cream, orange wedges and milk

Snack: White bean dip served with cucumbers and water

Tuesday, April 23, 2019

Snack: Banana bread served with milk

Lunch: Cream of asparagus soup served with honey dew melon, bakery fresh bread and milk

Snack: Roasted green beans served with cheddar cheese and water

Wednesday, April 24, 2019

Snack: Pineapple and organic plain yogurt served with milk

Lunch: All natural peanut butter or sun butter and organic strawberry jam on bakery-fresh whole wheat bread, served with celery sticks, a clementine and milk

Snack: Edamame served with homemade whole wheat pita chips and water

Thursday, April 25, 2019

Snack: Cranberry- orange muffin served with milk

Lunch: Turkey vegetable chili with cheddar cheese, served with corn bread, cantaloupe and milk

Snack: Deviled eggs served with grape tomatoes and water

Friday, April 26, 2019

Snack: Brown rice cereal served with banana and milk

Lunch: Garden salad with spinach, romaine, tomatoes, cucumbers and carrots, topped with tofu, white beans and balsamic dressing, served with bakery fresh bread, apple slices and milk

Infant: Roasted sweet potato with zucchini, served with bakery fresh bread, apple slices and milk

Snack: Roasted chick peas and fresh mozzarella served with water

Local Vendors include: Farmers Cow, WholeG Bakery, Hindinger Farms, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

