

weekly menu

Monday, May 13, 2019

Snack: Pineapple served with organic, plain yogurt and milk

Lunch: Chicken and vegetable noodle soup served with orange slices, Pain au le vain bread and milk

Snack: Roasted cauliflower served with edamame and water

Tuesday May 14, 2019

Snack: Cranberry orange muffin served with milk

Lunch: Baked vegetable lasagna served with cantaloupe and milk

Snack: Roasted asparagus served with brown rice and water

Wednesday, May 15, 2019

Snack: Baked french toast with a drizzle of pure maple syrup, served with milk

Lunch: Vegetable and black bean quesadilla served with a dollop of sour cream, pear slices and milk

Snack: Colorful pepper slices served with yogurt dip and water

Thursday, May 16, 2019

Snack: Cucumber tea sandwich with cream cheese served with milk

Lunch: Turkey, lettuce, tomato, avocado and mayo in a whole wheat wrap, served with grapes, roasted green beans and milk

Snack: White bean dip served with lentil crackers and water

Friday, May 17, 2019

Snack: Banana served with milk

Lunch: Organic romaine tossed salad with white beans, cheese, tomato, cucumber, carrots, and balsamic dressing served with apple slices, bakery fresh bread and milk

Infant: Sweet potato with white beans, zucchini, tomatoes and carrots, served with apple slices, bakery fresh bread and milk

Snack: Carrots and cheddar cheese served with water

Local Vendors include: Farmers Cow, WholeG Bakery, Hindinger Farms, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

