

weekly menu

Monday, June 17, 2019

Snack: Blueberry bagel topped with cream cheese, served with milk

Lunch: Tuna salad with lettuce and tomato on bakery-fresh, whole wheat bread served with cucumbers, pineapple slices and milk

Snack: Baked sweet potato slices topped with cheddar cheese and water

Tuesday, June 18, 2019

Snack: Baked apple tart served with milk

Lunch: Turkey and vegetable chili served with corn bread, orange slices and milk

Snack: Roasted beets served with French baguette bread and water

Wednesday, June 19, 2019

Snack: English tea sandwich - (Cucumber with dill cream cheese spread) served with milk

Lunch: Breaded, baked chicken over brown rice, served with roasted asparagus, cantaloupe and milk

Snack: Green beans and tomato salad with mozzarella served with water

Thursday, June 20, 2019

Snack: Banana bread served with milk

Lunch: Cheese tortellini pasta salad with broccoli, tomato, white beans and fresh basil, served with pears and milk

Snack: Hummus served with sliced colorful peppers and water

Friday, June 21, 2019

Snack: Goodness Granola served with milk

Lunch: Sunbutter or peanut butter and organic strawberry preserve on whole wheat bread served with carrot sticks, a clementine and milk

Snack: Brown rice and beans served with water

Local Vendors include: Farmers Cow, WholeG Bakery, Hindinger Farms, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

