

weekly **menu**

Monday, November 23, 2020

Snack: Alphabet cereal mix (puffed rice, corn flakes, bran flakes) served with milk

Lunch: Cauliflower, ricotta and parmesan cheese sauce over gemelli pasta, served with watermelon and milk

Snack: Alphabet trail mix (toasted sunflower and pumpkin seeds, raisins, apricots, pretzel pieces and oats) served with carrots and water

Tuesday, November 24, 2020

Snack: Plain yogurt served with blueberry compote and milk

Lunch: Sunbutter and jam sandwich on bakery-fresh bread, served with roasted broccoli, sliced oranges and milk

Snack: Cucumber served with cheddar cheese and water

Wednesday, November 25, 2020

Snack: Mixed berry oat bar served with milk

Lunch: Native American-inspired feast: roast turkey served with succotash (sweet potato, corn and lima beans), wild rice, apple and milk

Snack: Colorful peppers served with a southwest white bean dip and water

Thursday, November 26, 2020

Happy Thanksgiving

Friday, November 27, 2020

CLOSED

Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Local Vendors include: WholeG Bakery, Hindinger Farms, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

