

weekly menu

Monday, March 1, 2021

Snack: Sunbutter granola balls served with milk

Lunch: Turkey meatloaf, roasted colorful potatoes, cabbage slaw and orange slices served with milk

Snack: Roast pepper hummus served with fresh tortillas and water

Tuesday, March 2, 2021

Snack: Strawberry, peach and yogurt smoothie

Lunch: Pasta tossed with cherry tomatoes and broccoli with a creamy white bean Italian dressing, served with watermelon and milk

Snack: Rice cake served with housemade sunbutter and water

Wednesday, March 3, 2021

Snack: Banana pineapple bread served with milk

Lunch: Sweet potato and red lentil soup served with apple slices, bakery fresh whole grain, whole grain bread and milk

Snack: Carrots served with fresh tortillas, herbed tzatziki sauce and water

Thursday, March 4, 2021

Snack: Oatmeal fruit bar served with milk

Lunch: Southwest seasoned cauliflower tacos with black beans, shredded lettuce and tomatoes, served with cara cara oranges and milk

Snack: Cheddar cheese biscuit served with applesauce and water

Friday, March 5, 2021

Snack: Alphabet cereal (puffed rice, corn flakes, bran flakes) served with milk

Lunch: Sunbutter and jam sandwich on bakery-fresh bread, served with pineapple, roasted garlic green beans and milk

Snack: Fruit salad served with rice crackers and water

Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Local Vendors include: WholeG Bakery, Hindinger Farms, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

