

weekly **menu**

Monday, May 17, 2021

Snack: Plain yogurt topped with pear and blueberry compote, toasted oats, served with milk

Lunch: Turkey meatloaf served with herbed brown rice, roasted green beans, a clementine and milk

Snack: Garlic focaccia bread stick served with tomato dipping sauce and water

Tuesday, May 18, 2021

Snack: Banana and pineapple bread served with milk

Lunch: Roasted vegetable and edamame wrap with cheddar cheese, served with roasted broccoli, watermelon slices and milk

Snack: Cucumbers served with roasted garlic hummus and water

Wednesday, May 19, 2021

Snack: Alphabet cereal (puffed rice, corn flakes, bran flakes) served with milk

Lunch: Whole wheat pasta topped with tofu bolognese sauce, served with green beans, apple slices served with milk

Snack: Rice cake served with house made sunbutter and water

Thursday, May 20, 2021

Snack: Corn muffin served with milk

Lunch: Lemon garlic roast chicken, served with sugar snap peas, herbed wild rice, pineapple and milk

Snack: Watermelon and mozzarella salad served with water

Friday, May 21, 2021

Snack: Banana served with milk

Lunch: Sunbutter and jam sandwich on bakery-fresh bread served with carrots, Cara Cara oranges and milk

Fruit salad served with pretzels and water

Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Local Vendors include: WholeG Bakery, Hindinger Farms, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

