

weekly menu

Monday, June 21, 2021

Snack: Banana served with milk

Lunch: Turkey taco and cheese wraps served with sliced peppers, watermelon and milk

Snack: Rice cake with house-made sun butter and water

Tuesday, June 22, 2021

Snack: Cinnamon biscuit served with milk

Lunch: Grilled cheese on bakery-fresh bread, served with tomato soup, a clementine and milk

Snack: Pears served with roasted chickpeas and water

Wednesday, June 23, 2021

Snack: Plain yogurt served with fresh strawberries and milk

Lunch: Butternut squash mac and cheese served with sliced apples and milk

Snack: Carrots served with red pepper hummus and water

Thursday, June 24, 2021

Snack: Mixed berry fruit bar served with milk

Lunch: Chicken salad on a slider bun, served with roasted asparagus, Cara Cara oranges and milk

Snack: Blackbean and pineapple salsa served with tortilla chips and water

Friday, June 25, 2021

Snack: Corn muffin served with mlk

Lunch: Veggie meatballs with a dollop of vegan ranch dip, served with roasted broccoli, noodles, sliced peaches and milk

Snack: Fruit salad served with pretzels and water

Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Local Vendors include: WholeG Bakery, Hindinger Farms, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

