

weekly menu

Monday, November 21, 2022

Snack: Cinnamon biscuit served with milk

Lunch: Tofu 'bolognese' served over fusilli pasta, served with roasted broccoli, cantaloupe and milk

Snack: Cucumbers served with cheddar cheese and water

Tuesday, November 22, 2022

Snack: Pumpkin spiced breakfast oat bar served with milk

Lunch: Red lentil and sweet potato soup topped with cheddar cheese, served with baker- fresh bread, garlic green beans, pears and milk

Snack: Couscous salad with apple, shaved carrots served with water

Wednesday, November 23, 2022

Snack: Apple bread served with milk

Lunch: Thanksgiving bento box with baked turkey, acorn squash and cranberries, wild rice and oranges, served with milk

Snack: Banana served with housemade sunbutter and water

Thursday, November 24, 2022

CLOSED - Happy Thanksgiving

Friday, November 25, 2022

CLOSED

Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Please be aware that due to the current fallout from the Covid epidemic that is affecting the labor and supply lines, there will be instances where we will need to modify the menu.

Local Vendors include: WholeG Bakery, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

