

weekly **menu**

Monday, March 20, 2023

CLOSED FOR SPRING RECESS

Tuesday, March 21, 2023

Snack: Plain yogurt with blueberry compote, served with milk

Lunch: Creamy cauliflower alfredo sauce over noodles, served with garlic broccoli, oranges and milk

Snack: Lemon and cumin white bean hummus served with carrots and milk

Wednesday, March 22, 2023

Snack: Alphabet granola served with milk

Lunch: Roast salmon 'nicoise' with olives and capers, served with fingerling potatoes, green beans, pears and milk

Snack: Melon served with fresh mozzarella and water

Thursday, March 23, 2023

Snack: Apple bread served with milk

Lunch: Vegetable chili topped with cheddar cheese, served with cornbread and milk

Snack: Rice cake served with house made sunbutter and water

Friday, March 24, 2023

Snack: Banana served with milk

Lunch: Housemade margherita focaccia pizza served with roasted broccoli, Cara Cara oranges and milk

Snack: Sweet potato with whole wheat crackers and water

Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Please be aware that due to the current fallout from the Covid epidemic that is affecting the labor and supply lines, there will be instances where we will need to modify the menu.

Local Vendors include: WholeG Bakery, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

