

# weekly **menu**

## **Monday, May 29, 2023**

HAPPY MEMORIAL DAY!

## **Tuesday, May 30, 2023**

Snack: Alphabet granola served with milk

Lunch: Cauliflower alfredo sauce over farfalle pasta, served with garlic green beans, cantaloupe and milk

Snack: Apples served with sunbutter and water

## **Wednesday, May 31, 2023**

Snack: Clementine served with milk

Lunch: Roasted teriyaki salmon, served with broccoli 'slaw', cilantro brown rice, pineapple and milk

Snack: Watermelon topped with ricotta salata cheese, basil, served with water

## **Thursday, June 1, 2023**

Snack: Hashed browns served with apple and milk

Lunch: Roasted mushroom quesadilla with shredded jack cheese, fresh herbs and a chickpea spread, served with cucumbers, watermelon and milk

Snack: House-made guacamole served with tortilla chips and water

## **Friday, June 2, 2023**

Snack: Macerated strawberries and blueberries topped with toasted oats, served with milk

Lunch: House-made margherita focaccia pizza, served with carrots, honeydew melon and milk

Snack: Fruit salad served with toasted flatbread and water

*Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon*

*Please be aware that due to the current fallout from the Covid epidemic that is affecting the labor and supply lines, there will be instances where we will need to modify the menu.*

*Local Vendors include: WholeG Bakery, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood*

