

weekly menu

Monday, November 20, 2023

Snack: Alphabet granola served with milk

Lunch: Broccoli and kale pesto (sunflower seeds) over cavatappi pasta with parmesan cheese, served with apples, carrots and milk

Snack: Roasted garlic hummus served with colorful peppers and water

Tuesday, November 21, 2023

Snack: Steel-cut oatmeal with flaxseed and dried fruit, served with milk

Lunch: Roast salmon with lemon oil and paprika, served with brown rice, garlic green beans, pears and milk

Snack: Artichoke dip served with toasted pita and water

Wednesday, November 22, 2023

Snack: Plain yogurt infused with strawberry compote, topped with toasted oats, served with milk

Lunch: Sunbutter and jam sandwich on bakery-fresh, whole wheat bread, served with oranges, cucumbers and milk

1 PM Dismissal

Thursday, November 23, 2023

CLOSED - HAPPY THANKSGIVING

Friday, November 24, 2023

CLOSED



Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Local Vendors include: WholeG Bakery, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood