

Monday, January 16, 2024

CLOSED in observance of Dr. Martin Luther King, Jr. Day

Tuesday, January 17, 2024

Snack: Alphabet cereal (puffed rice, corn flakes, bran flakes) served with milk

Lunch: Cauliflower mac and cheese, served with roasted green beans, apples and milk

Snack: Cucumbers served with roasted garlic hummus and water

Wednesday, January 18, 2024

Snack: Zucchini bread served with milk

Lunch: Red lentil and butternut squash soup topped with toasted pumpkin seeds and parmesan, served with bakery-fresh baguette, oranges and milk

Snack: Carrots served with cheddar cheese and water

Thursday, January 19, 2024

Snack: Cheddar biscuits served with milk

Lunch: Turkey meatballs topped with caramelized onions, served with couscous, sauteed cabbage, pineapple and milk

Snack: Clementine served with whole wheat crackers and water

Friday, January 20, 2024

Snack: Mixed fruit oat bar served served with milk

Lunch: Southwest seasoned broccoli, black bean and cheddar wrap, served with colorful peppers, melon and milk

Snack: Tortilla chips served with guacamole and milk

Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Local Vendors include: WholeG Bakery, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

