

weekly **menu**

Monday, May 27, 2024

CLOSED - MEMORIAL DAY

Tuesday, May 28, 2024

Snack: Alphabet cereal (puffed rice, corn flakes, bran flakes) served with milk

Lunch: Creamy ricotta sauce over gemelli pasta with peas, basil, lemon and parmesan, served with roasted asparagus, carrots, apples and milk

Snack: Roast garlic hummus served with peppers and water

Wednesday, May 29, 2024

Snack: Zucchini bread served with milk

Lunch: Black bean and cheese quesadilla served with tomato salsa, carrots, pineapple and milk

Snack: Apricots served with a rice cake and water

Thursday, May 30, 2024

Snack: Mini croissant served with milk

Lunch: Za'atar roast chicken with herbed potatoes, served garlicky green beans, oranges and milk

Snack: Artichoke spinach dip served with carrots and water

Friday, May 31, 2024

Snack: Banana served with milk

Lunch: Sunbutter and jam sandwich on bakery-fresh, multi-bread bread, served with cucumbers, apples and milk

Snack: Melon served with cheddar cheese and water

Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Local Vendors include: WholeG Bakery, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

