

weekly **menu**

Monday, June 17, 2024

Snack: Alphabet granola served with milk

Lunch: Pasta puttanesca (anchovies, tomato, capers, olives, oregano) topped with parmesan cheese, served with roasted broccoli, \ a clementine and milk

Snack: Dried apricots served with a rice cake and water

Tuesday, June 18, 2024

Snack: Mini croissant served with milk

Lunch: Vegetable tagine (tomato, sweet potato, lentils, cauliflower, ginger, cinnamon) served with herbed orzo, pineapple and milk

Snack: Apple served with housemade sunbutter and water

Wednesday, June 19, 2024

Closed in observation of Juneteenth

Thursday, June 20, 2024

Snack: Alphabet muesli (oats, dried fruit, flax seed, pumpkin seeds) served with milk

Lunch: California wrap (turkey, avocado, lettuce, jack cheese) served with peppers, pineapple and milk

Snack: Fresh corn and black salsa served with tortilla chips and water

Friday, June 21, 2024

Snack: Banana bread served with milk

Lunch: Falafel spiced chickpea (spread) sandwich on bakery-fresh, whole wheat bread with arugula, tomato and mozzarella, served with oranges, cucumbers and milk

Snack: Fruit salad served with a rice cake and water

Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Local Vendors include: WholeG Bakery, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

