

Monday, September 2, 2024

CLOSED: LABOR DAY

Tuesday, September 3, 2024

Snack: Alphabet cereal blend (puffed rice, corn flakes, bran flakes) served with milk

Lunch: Cauliflower mac and cheese, served with carrots, apples and milk

Snack: Sunbutter served with a rice cake and water

Wednesday, September 4 2024

Snack: Fresh berries with toasted oats, served with milk

Lunch: Southwest seasoned black bean, corn and cheddar cheese quesadilla, served with peppers, oranges and milk

Snack: Roast eggplant dip served with house-made tortilla chips and water

Thursday, September 5, 2024

Snack: Pretzel bagels topped with cream cheese, served with milk

Lunch: Turkey meatballs served with garlic-roasted broccoli, brown rice, melon and milk

Snack: Cheddar cheese served with apples and water

Friday, September 6, 2024

Snack: Maple cranberry biscuits served with milk

Lunch: Sunbutter and jam sandwich on bakery-fresh bread, served with cucumbers, peaches and milk

Snack: Dried apricots served with a rice cake and water

Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Local Vendors include: WholeG Bakery, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

weekly
menu

