

weekly menu

Monday, November 25, 2024

Snack: Cheddar and potato frittata served with milk

Lunch: Eggplant caponata (tomato, capers, olives, chickpeas) over rigatoni pasta, topped with parmesan cheese, served with roasted broccoli, melon and milk

Snack: Garlic thyme popovers served with a clementine and water

Tuesday, November 26, 2024

Snack: Pumpkin spice waffle with a drizzle of maple syrup served with milk

Lunch: Toscano wrap with roast zucchini, mozzarella, roast peppers and hummus, served with cucumbers, pineapple and milk

Snack: Tortilla chips served with guacamole and water

Wednesday, November 27, 2024

CLOSED

Thursday, November 28, 2024

CLOSED

Friday, November 29, 2024

CLOSED



Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Local Vendors include: WholeG Bakery, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood