

weekly menu



Monday, June 2, 2025

Snack: Alphabet cereal (puffed rice, corn flakes, bran flakes) served with milk

Lunch: Pasta primavera with peas, summer squash, cherry tomato and parmesan served with roasted cauliflower, apples and milk

Snack: Lemony hummus served with carrots and water

Tuesday, June 3, 2025

Snack: Cinnamon biscuit served with milk

Lunch: Roast salmon with Everything Bagel Spice and lemon, served with roasted asparagus, wild rice, oranges and milk

Snack: Cheddar cheese served with bakery-fresh baguette and water

Wednesday, June 4, 2025

Snack: Mixed berries with toasted oats, served with milk

Lunch: Southwest seasoned black Bean and sweet potato wrap with cheddar, served peppers, pineapple and milk

Snack: Guacamole served with tortilla chips and water

Thursday, June 5, 2025

Snack: Banana served with milk

Lunch: Egg salad sandwich on a bakery-fresh slider bun, served with cucumbers, melon and milk

Snack: Artichoke spinach dip served with whole grain toasted pita bread and water

Friday, June 6, 2025

Snack: Oat bar served with milk

Lunch: Grilled cheese on bakery-fresh bread, served with creamy tomato soup, apples and milk

Snack: Watermelon served with a rice cake and water

Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Local Vendors include: WholeG Bakery, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood