

weekly menu

GREENFIELD HILL

Monday, October 6, 2025

Snack: Banana served with milk

Lunch: Macaroni and Cheese infused with cannellini beans, served with roasted carrots, plum slices, and milk

Snack: Sweet potato puffs served with apple slices

Tuesday, October 7, 2025

Snack: Plain, organic yogurt topped with fresh strawberries, bananas, and toasted oats, served with milk

Lunch: Baked cod served with jasmine rice and corn salsa (avocado, roasted red pepper, corn, white bean, red onion, cilantro), served with pineapple, and milk

Snack: Colorful bell peppers served with white bean hummus

Wednesday, October 8, 2025

Snack: Oat bar served with milk

Lunch: Lightly breaded and baked chicken strips served with baked sweet potato fries, steamed green beans, watermelon, and milk

Snack: Carrots and toasted pita, served with a vegan ranch dip

Thursday, October 9, 2025

Snack: Vegetable frittata (spinach and chives), served with milk

Lunch: Turkey meatballs served with orzo, roasted broccoli florets, and apple slices, served with milk

Snack: Focaccia topped with tomato sauce, grated parmesan, and garden fresh basil

Friday, October 10, 2025

Snack: Waffles topped with a drizzle of maple syrup, served with milk

Lunch: Falafel (drizzled with vegan ranch dressing), served with couscous, cucumbers, served with melon and milk

Snack: Bruschetta (mozzarella, tomato, and garden fresh basil)

