# Monday, November 10, 2025

Snack: Rice cake topped with yogurt, chia seeds and strawberries

Lunch: Turkey meatballs served with mashed potatoes infused with garden cabbage, roasted carrots, fruit salad and milk

Snack: Pm: Spinach bread (spinach from the garden)

# Tuesday, November 11, 2025

Closed for Professional Development

# Wednesday, November 12, 2025

Snack: Banana rolled in peanut butter and Rice Krispies

Lunch: Chicken and waffles, served with delicata squash, apples and milk

Snack: Carrots served with tofu infused vegan ranch dip

### Thursday, November 13, 2025

Snack: Yogurt topped with house-made granola (oats, flour, brown sugar, vegan butter, dried apricots, flaxseeds, flaxseed meal, hulled hemp seeds, shaved almonds)

Lunch: Focaccia topped with tomato sauce, mozzarella and colorful peppers, served with a cucumber salad, pears and milk

Snack: Okonomyaki (garden cabbage pancakes)

## Friday, November 14, 2025

Snack: Banana bread made with oats, chia seeds and dates, served with milk

Lunch: Soft fish taco (baked cod with coleslaw and avocado), served with pineapple and milk

Snack: Apples and grass-fed cheddar



