

Monday, November 10, 2025

Snack: Alphabet cereal (puffed rice, corn flakes, bran flakes) served with milk

Lunch: Farfalle pasta topped with sweet potato infused cheese sauce, served with garlic broccoli, pears and milk

Snack: Dried apricots served with a rice cake

Tuesday, November 11, 2025

CLOSED FOR PROFESSIONAL DEVELOPMENT

Wednesday, November 12, 2025

Snack: Apples served with house-made sunbutter and milk

Lunch: Vegetable tagine (chickpeas, tomato, peas, butternut, curry, ginger) served turmeric-citrus roasted brussel sprouts, herbed brown rice, oranges and milk

Snack: Arugula marinated fresh mozzarella served with pretzel bread

Thursday, November 13, 2025

Snack: Banana served with milk

Lunch: Turkey chili topped with cheddar cheese, served with corn bread, colorful peppers, pineapple and milk

Snack: Roast delicata squash served with toasted pita

Friday, November 14, 2025

Snack: Pumpkin 'pancake' bread served with milk

Lunch: Egg salad sandwich on bakery-fresh, whole wheat bread, served with cucumbers, apples and milk

Snack: Watermelon served with cheddar cheese

Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Local Vendors include: WholeG Bakery, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

weekly
menu

