

weekly menu

Monday, November 24, 2025

Snack: Alphabet cereal (puffed rice, corn flakes, bran flakes) served with milk

Lunch: Arugula and basil pesto over pasta with sun-dried tomatoes topped with parmesan, served with carrots, oranges and milk

Snack: Apricots served with a rice cake

Tuesday, November 25, 2025

Snack: Banana bread served with milk

Lunch: Red lentil and sweet potato soup topped with toasted pumpkin seeds and chives, served with broccoli, bakery-fresh baguette, apples and milk

Snack: Cheddar cheese served with pears

Wednesday, November 26, 2025

CLOSED

Thursday, November 27, 2025

CLOSED : HAPPY THANKSGIVING

Friday, November 28, 2025

CLOSED



Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Local Vendors include: WholeG Bakery, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood