

weekly **menu**

GREENFIELD HILL

Monday, January 26, 2026

Snack: Plain yogurt served topped with berries and Alphabet granola

Lunch: Lightly breaded and baked chicken tenders, sweet potato fries, and cantaloupe, served with milk

Snack: Apple slices and grass-fed cheddar

Tuesday, January 27, 2026

Snack: Apricot and orange oat bar served with milk

Lunch: Butternut squash and red lentil soup, bakery-fresh bread, and apple slices, served with milk

Snack: Cucumbers and cottage cheese tzatziki

Wednesday, January 28, 2026

Snack: Banana and chia seed overnight oats, served with milk

Lunch: Soy garlic salmon, jasmine rice, green beans, and pineapple, served with milk

Snack: Caprese salad (tomato, basil, and mozzarella)

Thursday, January 29, 2026

Snack: Cheddar and chive egg bites served with milk

Lunch: Monterey Jack and cheddar cheese quesadillas, corn, pico de gallo, avocado, and pineapple, served with milk

Snack: Rice cake topped with sunbutter, banana, and hemp seeds

Friday, January 30, 2026

Snack: Blueberry cottage cheese loaf served with mil

Lunch: Parmesan cavatappi pasta with broccoli, garlic, and anchovies, served with pears and milk

Snack: Red pepper hummus and crackers

