

weekly menu



Monday, January 12, 2026

Snack: Alphabet granola served with milk

Lunch: Cauliflower mac and cheese served with green beans, apples and milk

Snack: Clementines served with bakery-fresh baguette

Tuesday, January 13, 2026

Snack: Berry yogurt with toasted oats, served with milk

Lunch: Toscano wrap (roast zucchini, lentil, mozzarella, roast peppers) served with carrots, pineapple and milk

Snack: Guacamole served with pita bread

Wednesday, January 14, 2026

Snack: Banana bread served with milk

Lunch: Black bean and sweet potato soup topped with sour cream, tortilla chips and scallions, served with peppers, oranges and milk

Snack: Marinated fresh mozzarella served with pretzel bread

Thursday, January 15, 2026

Snack: Overnight oats with dried cranberries and blueberries served with milk

Lunch: BBQ turkey sliders on bakery-fresh bread with cheddar cheese, served with cucumbers, melon and milk

Snack: Sweet potato wedges served with cheddar cheese

Friday, January 16, 2026

Snack: Cocoa/ pumpkin spice waffles served with milk

Lunch: Grilled cheese with creamy tomato soup, served with oranges and milk

Snack: Dried apricots served with a rice cake

Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Local Vendors include: WholeG Bakery, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood