

weekly menu



Monday, January 19, 2026

CLOSED: DR. MARTIN LUTHER KING, JR. DAY

Tuesday, January 20, 2026

Snack: Alphabet cereal mix served with milk

Lunch: Tortellini with an arugula/ kale sauce with parmesan, served with roasted cauliflower, apples and milk

Snack: Apricots served with a rice cake

Wednesday, January 21, 2026

Snack: Fruit oat bar served with milk

Lunch: Vegetable chili topped with cheddar cheese, served with corn bread, carrots, melon and milk

Snack: Tortilla chips served with pico de gallo

Thursday, January 22, 2026

Snack: Lemon blueberry muffin served with milk

Lunch: Salmon teriyaki with snow peas and pepper stir fry, served with herbed rice, oranges and milk

Snack: Whipped sweet potato puree served with pita chips

Friday, January 23, 2026

Snack: Zucchini bread served with milk

Lunch: Egg salad sandwich on bakery-fresh, whole wheat bread, served with cucumbers, Macintosh apples and milk

Snack: Clementine served with cheddar cheese

Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Local Vendors include: WholeG Bakery, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood