

weekly menu

Monday, April 13, 2026

Snack: Alphabet cereal (puffed rice, corn flakes, bran flakes) served with milk

Lunch: Tofu bolognese served over rigatoni with parmesan, served with garlic broccoli, pears and milk

Snack: Clementine served with a rice cake

Tuesday, April 14, 2026

Snack: Cinnamon raisin biscuit served with milk

Lunch: Sunbutter and jam sandwich on bakery-fresh bread served with carrots, apples and milk

Snack: Marinated fresh mozzarella cheese served with dried apricots

Wednesday, April 15, 2026

Snack: Pretzel bagel topped with whipped cream cheese, served with milk

Lunch: Roast sweet potato quesadilla with hummus, served with colorful peppers, melon and milk

Snack: Texas caviar (black beans, corn, peppers, tomato) served with tortilla chips

Thursday, April 16, 2026

Snack: Zucchini bread served with milk

Lunch: Roast chicken Caesar salad (romaine / baby kale) parmesan, served with garlic bread, carrots, oranges and milk

Snack: Apples served with cheddar cheese

Friday, April 17, 2026

Snack: Banana bread served with milk

Lunch: Focaccia with shaved mozzarella, tomato and basil served with cucumbers, pineapple and milk

Snack: Clementine served with pretzels

Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Local Vendors include: WholeG Bakery, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood

