

# weekly **menu**

GREENFIELD HILL

## **Monday, May 4, 2026**

Snack: English Muffin topped with sunbutter and banana slices served with milk

Lunch: Mac and cheese infused with cauliflower and white beans, served with carrot sticks, orange slices, and milk

Snack: Colorful bell peppers served with hummus

## **Tuesday, May 5, 2026**

Snack: Organic vanilla yogurt served with mixed berries

Lunch: Butternut squash and red lentil soup served with bakery-fresh bread, apple slices, and milk

Snack: Spinach and artichoke dip served with crostinis

## **Wednesday, May 6, 2026**

Snack: Maple cinnamon oatmeal served with milk

Lunch: Turkey meatballs drizzled with tzatziki, toasted pita, spinach and tomato salad, and sliced pears served with milk

Snack: Cucumber and watermelon salad topped with feta

## **Thursday, May 7, 2026**

Snack: Broccoli, spinach and cheddar frittata served with milk

Lunch: Honey lemon salmon served with roasted potatoes, broccoli, pineapple, and milk

Snack: Peach galette topped with hemp seeds and chia seeds

## **Friday, May 8, 2026**

Snack: Banana bread (chia seeds, hemp seeds, and oats) served with milk

Lunch: Tortellini primavera (zucchini, spinach, peppers, onions, and parmesan) served with pear slices and milk

Snack: Apricots and grass-fed cheddar

