

# weekly **menu**

GREENFIELD HILL

## **Monday, July 6, 2026**

Snack: The Nest granola served with milk

Lunch: Sun-dried tomato pesto pasta and turkey meatballs, served with orange slices and milk

Snack: Roasted and seasoned chickpeas and apple slices

## **Tuesday, July 7, 2026**

Snack: Corn and oat muffin served with milk

Lunch: Tuscan stewed beans (cannellini beans simmered in a rich, savory broth of tomatoes, garlic, extra-virgin olive oil, and fresh sage)

Snack: Cucumber spears and vegan ranch dip

## **Wednesday, July 8, 2026**

Snack: Organic vanilla yogurt and mixed berries

Lunch: Honey lemon salmon, roasted potatoes, asparagus, and pineapple, served with milk

Snack: Carrot sticks served with whipped feta

## **Thursday, July 9, 2026**

Snack: Banana rolled in sunbutter, topped with rice krispies served with milk

Lunch: Tortellini pasta salad (colorful bell peppers, cucumber, mozzarella, and turkey), served with cantaloupe and milk

Snack: Pita chips served with black bean and corn salsa

## **Friday, July 10, 2026**

Snack: Strawberry, banana, and chia seed smoothie

Lunch: Monterey Jack and cheddar cheese quesadillas served with salsa, a dollop of sour cream, watermelon, and milk

Snack: Orange slices and grass-fed cheddar

