

weekly menu

GREENFIELD HILL

Monday, July 13, 2026

Snack: Organic vanilla yogurt and mixed berries

Lunch: Pesto calabrese pasta (roasted red pepper) infused with tofu, served with roasted broccoli, watermelon, and milk

Snack: Soft pretzel bites and hummus

Tuesday, July 14, 2026

Snack: Oat and chia seed waffle, served with milk

Lunch: Mediterranean black bean meatball, toasted pita, cucumber and tomato salad, cottage cheese tzatziki, and honeydew melon served with milk

Snack: Tortilla chips and salsa

Wednesday, July 15, 2026

Snack: Mixed berry oat bar served with milk

Lunch: Honey lemon salmon, served with jasmine rice, roasted green beans, pineapple and milk

Snack: Roasted chickpeas and orange slices

Thursday, July 16, 2026

Snack: Alphabet granola served with milk

Lunch: Caesar salad (made with greens from our garden), chickpeas, croutons, parmesan, served with pineapple and milk

Snack: Cucumber spears and cottage cheese tzatziki

Friday, July 17, 2026

Snack: Banana bread (chia seeds, hemp seeds, and oats) served with milk

Lunch: BBQ chicken sliders on bakery-fresh bread, served with sweet potato fries, antaloupe and milk

Snack: Apricots and grass-fed cheddar

