

weekly menu



Monday, July 13, 2026

Snack: Alphabet cereal (puffed rice, corn flakes, bran flakes) served with milk

Lunch: Tofu bolognese with parmesan over Cavatappi pasta, served with garlic broccoli, apples and milk

Snack: Dried apricots served with pretzels

Tuesday, July 14, 2026

Snack: Cocoa oat bar served with milk

Lunch: Everything Bagel Spice roast salmon served with a roasted cauliflower, asparagus medley, wild rice, oranges and milk

Snack: Cheddar cheese served with garlic baked pita bread

Wednesday, July 15, 2026

Snack: Parmesan and thyme biscuit served with milk

Lunch: Southwest season black bean and rice burrito (with sweet potato, cheddar cheese) served with colorful peppers, melon and milk

Snack: Mexican street corn dip served with tortilla chips

Thursday, July 16, 2026

Snack: Blueberry cornbread served with milk

Lunch: Greek lemon potato hash (mushroom, spinach, marinated chickpeas) served with cucumbers, apple and milk

Snack: Marinated fresh mozzarella served with bakery-fresh baguette and water

Friday, July 17, 2026

Snack: Banana served with milk

Lunch: Focaccia with tomato, shredded mozzarella and garden basil, served with carrots, oranges and milk

Snack: Clementine served with graham crackers and water

Please note: We cook with onions, garlic, olive oil, salt, pepper, balsamic vinegar, apple cider vinegar, soy products, sunflower oil and lemon

Local Vendors include: WholeG Bakery, Sugar Maple Farms, D'Artagnan Meat, Plowshares Honey, Paganos Seafood