GREENFIELD HILL

weekly menu

Monday, November 2, 2026

Snack: English muffin topped with sunbutter, banana slices, and hemp hearts, served with milk

Lunch: Basil pesto cavatappi, roasted cauliflower, and honeydew served with milk

Snack: Cucumber spears and hummus

Tuesday, November 3, 2026

Snack: Apple cinnamon overnight oats served with milk

Lunch: White bean and tomato soup, grilled cheese, and apple slices, served with milk

Snack: Apple slices and sunbutter

Wednesday, November 4, 2026

Snack: Strawberry yogurt topped with chia seeds

Lunch: Honey lemon salmon, roasted potatoes, green beans, and sliced pears, served with milk

Snack: Pita chips served with black bean and corn salsa

Thursday, November 5, 2026

Snack: Potato, cheddar, and chive frittata, served with milk

Lunch: Black bean "meatball", jasmine rice, and cottage cheese tzatziki served with cucumber salad and milk

Snack: Carrot sticks and whipped feta

Friday, November 6, 2026

Snack: Banana bread (chia seeds, hemp seeds, and oats) served with milk

Lunch: Cranberry chicken salad (shredded chicken, celery, onion, greek yogurt, cranberries) wraps served with carrot sticks, honeydew, and milk

Snack: Orange slices and grass-fed cheddar

